

Junior Activities Timetable

Kids Programme

Accurate as of 11/07/2025

Times for Tuesday 26 January			
Time	Session	Facility	Type
09:30 - 10:30	Adult & Under 5s	Littledown	Family Swim
10:30 - 11:00	Adult & Baby	Littledown	Family Swim
11:00 - 11:45	Soccer Starters	Littledown	Littledown Juniors
14:30 - 15:15	Adult & Under 5s	Pelhams Park	Family Swim
16:00 - 16:30	813 Cardio	Littledown	813
16:15 - 17:00	Junior Gym	Mountbatten	Junior Classes
16:30 - 17:00	813 Cardio	Littledown	813