

Junior Activities Timetable

Kids Programme

Accurate as of 11/07/2025

Times for Thursday 28 January			
Time	Session	Facility	Type
09:30 - 10:30	Adult & Under 5s	Littledown	Family Swim
11:00 - 11:45	Open Tramp	Littledown	Family Classes
12:00 - 12:45	Open Tramp	Littledown	Family Classes
16:00 - 16:30	813 Cardio	Littledown	813
16:30 - 17:00	813 Cardio	Littledown	813