Junior Activities Timetable

Kids Programme

Accurate as of 12/10/2024

Times for Thursday 23 September

Time	Session	Facility	Type
09:15 - 10:00	Adult & Under 5s	Pelhams Park	Family Swim
09:30 - 10:30	Adult & Under 5s	Littledown	Family Swim
10:00 - 10:30	Adult & Baby	Pelhams Park	Family Swim
11:00 - 11:30	Adult & Baby	Pelhams Park	Family Swim
11:00 - 11:45	Open Tramp	Littledown	Family Classes
12:00 - 12:45	Open Tramp	Littledown	Family Classes
16:00 - 16:30	813 Cardio	Littledown	813
16:30 - 17:00	813 Cardio	Littledown	813
16:30 - 17:15	Junior Gym	Mountbatten	Junior Classes
17:00 - 17:45	Athletics Academy	Mountbatten	Family Classes