

Junior Activities Timetable

Kids Programme

Accurate as of 05/05/2024

Times for Friday 26 April



| Time | Session | Facility | Type |
|---------------|------------------|--------------|----------------|
| 09:00 - 09:30 | Adult & Baby | Pelhams Park | Family Swim |
| 10:30 - 11:00 | Adult & Baby | Littledown | Family Swim |
| 11:00 - 11:45 | Mini Gym | Littledown | Family Classes |
| 12:00 - 12:45 | Mini Gym | Littledown | Family Classes |
| 13:00 - 13:45 | Pre Club Gym | Littledown | Under 5s |
| 13:30 - 14:30 | Adult & Under 5s | Littledown | Family Swim |
| 14:30 - 15:00 | Adult & Baby | Littledown | Family Swim |
| 16:00 - 16:30 | 813 Cardio | Littledown | 813 |
| 16:30 - 17:00 | 813 Cardio | Littledown | 813 |
| 17:30 - 18:00 | 813 Swim Skills | Littledown | 813 |