

Swimming Timetable

Ashton Leisure Centre

Accurate as of 27/05/2026

Times for Wednesday 28 August



Time	Session	Facility
06:30 - 09:30	Lane Swimming	Large Pool
09:30 - 10:00	Swim Tots	Small Pool
09:30 - 10:30	Casual Swim	Large Pool
10:00 - 10:30	Holiday Crash Course	Small Pool
10:30 - 15:30	Fun & Floats	Small Pool
11:00 - 12:00	Casual Swim	Large Pool
12:00 - 12:45	Aqua Aerobics	Large Pool
13:15 - 14:15	Pool Inflatable Session (8-14yrs)	Large Pool
14:30 - 15:30	Casual Swim	Large Pool
15:45 - 18:15	Swimming Lessons	Small Pool
15:45 - 18:25	Swimming Lessons	Large Pool
18:30 - 19:30	Casual Swim	Large Pool
18:30 - 19:30	Fun & Floats	Small Pool
19:30 - 20:15	Aqua Aerobics	Small Pool
19:30 - 20:30	Ladies Only	Large Pool
20:30 - 21:15	Aqua Aerobics	Small Pool
20:30 - 22:00	Lane Swimming	Large Pool