

# Class programme at Leigh Leigh Leisure Centre

Accurate as of 26/04/2024

## Times for Wednesday 19 May



Time	Session	Facility
06:45 - 07:15	Body Pump - Virtual	Studio 2
07:30 - 08:00	Les Mills Core - Virtual	Studio 2
08:15 - 08:45	Sprint - Virtual	Studio 1
12:00 - 12:30	RPM - Virtual	Studio 1
13:00 - 13:30	Sprint - Virtual	Studio 1
14:15 - 15:15	Body Pump - Virtual	Studio 2
17:00 - 17:30	Les Mills Core - Virtual	Studio 2
18:15 - 19:00	Body Combat	Studio 2
18:45 - 19:30	RPM - Virtual	Studio 1
19:15 - 20:00	Legs, Bums & Tums	Studio 2
20:00 - 20:30	Sprint - Virtual	Studio 1