

Class programme at Leigh Leigh Leisure Centre

Accurate as of 05/05/2024

Times for Sunday 23 May



Time	Session	Facility
08:15 - 09:00	RPM - Virtual	Studio 1
10:00 - 10:45	RPM - Virtual	Studio 1
10:00 - 11:00	Circuits	Studio 2
11:45 - 12:15	Sprint - Virtual	Studio 1
12:00 - 12:30	Grit Athletic - Virtual	Studio 2
13:00 - 14:00	Body Pump - Virtual	Studio 2
14:30 - 15:15	RPM - Virtual	Studio 1
14:45 - 15:45	Body Combat - Virtual	Studio 2