

Howe Bridge Leisure Centre: Pool sessions

Howe Bridge Leisure Centre

Accurate as of 19/04/2026

Times for Monday 15 July



| Time | Session | Facility | # Lanes |
|---------------|--|------------|---------|
| 06:30 - 08:45 | Lane Swimming (advanced booking required) | Large Pool | |
| 08:45 - 12:00 | Casual Swim | Large Pool | |
| 11:00 - 11:30 | Swim Tots (advanced booking required) | Small Pool | |
| 12:00 - 12:45 | Aqua Aerobics | Large Pool | |
| 12:00 - 13:00 | Casual Swim | Small Pool | |
| 14:20 - 15:20 | Swim Socials | Large Pool | |
| 18:00 - 19:00 | Casual Swim | Large Pool | |
| 18:30 - 19:30 | Fun & Floats | Small Pool | |
| 21:00 - 22:00 | Lane Swimming (advanced booking required) | Large Pool | |