

Howe Bridge Leisure Centre: Pool sessions

Howe Bridge Leisure Centre

Accurate as of 19/04/2026

Times for Tuesday 16 July



Time	Session	Facility	# Lanes
06:30 - 07:30	Lane Swimming (advanced booking required)	Large Pool	
07:30 - 09:30	Lane Swimming (advanced booking required)	Large Pool	
12:00 - 13:00	Casual Swim	Large Pool	
12:00 - 13:00	Casual Swim	Small Pool	
14:20 - 15:20	Targeted swim	Large Pool	
15:30 - 19:30	Lane Swimming (advanced booking required)	Large Pool	
19:00 - 20:00	Fun & Floats	Small Pool	