

Howe Bridge Leisure Centre: Pool sessions

Howe Bridge Leisure Centre

Accurate as of 29/09/2026

Times for Wednesday 30 September				
Time	Session	Facility	# Lanes	
08:00 - 10:00	Lane Swimming (advanced booking required)	Large Pool		
10:00 - 11:00	Casual Swim	Large Pool		
11:05 - 11:45	Aqua Aerobics	Large Pool		
12:00 - 12:45	Aqua Aerobics	Large Pool		
12:00 - 13:00	Casual Swim	Small Pool		
18:00 - 18:30	Adult Swimming Lesson	Large Pool		
18:30 - 19:30	Fun & Floats	Small Pool		
18:30 - 19:30	Casual Swim	Large Pool		
19:30 - 21:00	Lane Swimming (advanced booking required)	Large Pool		