Howe Bridge Leisure Centre: Pool sessions

Howe Bridge Leisure Centre

Accurate as of 15/11/2026

Times for Monday 16 November

Time	Session	Facility	# Lanes
06:30 - 08:45	Lane Swimming (advanced booking required)	Large Pool	
08:45 - 12:00	Casual Swim	Large Pool	
11:00 - 11:30	Swim Tots (advanced booking required)	Small Pool	
12:00 - 12:45	Aqua Aerobics	Large Pool	
12:00 - 13:00	Casual Swim	Small Pool	
14:20 - 15:20	Swim Socials	Large Pool	
18:00 - 19:00	Casual Swim	Large Pool	
18:30 - 19:30	Fun & Floats	Small Pool	
21:00 - 22:00	Lane Swimming (advanced booking required)	Large Pool	