Howe Bridge Leisure Centre: Pool sessions

Howe Bridge Leisure Centre

Accurate as of 15/11/2026

Times for Friday 20 November

Time	Session	Facility	# Lanes
06:30 - 08:30	Lane Swimming (advanced booking required)	Large Pool	
08:30 - 10:45	Casual Swim	Large Pool	
09:30 - 10:00	Parent and Child Lesson	Small Pool	
10:30 - 11:00	Parent and Child Lesson	Small Pool	
11:00 - 11:30	Swim Tots (advanced booking required)	Small Pool	
11:00 - 12:00	Targeted swim session	Large Pool	
11:30 - 12:30	Casual Swim	Small Pool	
12:00 - 13:00	Casual Swim	Large Pool	
15:30 - 18:00	Lane Swimming (advanced booking required)	Large Pool	
18:15 - 19:15	Casual Swim	Large Pool	
18:30 - 19:30	Fun & Floats	Small Pool	