

Wigan Life Centre: Pool sessions

Wigan Life Centre

Accurate as of 11/05/2026

Times for Monday 7 October



Time	Session	Facility
07:00 - 08:00	Lane Swimming	Main Pool 2
08:00 - 09:00	Lane Swimming	Main Pool 2
09:00 - 10:00	Lane Swimming	Main Pool 2
10:15 - 11:00	Low Aqua	Main Pool 1
10:15 - 11:15	Deep Water Lane Swim	Main Pool - Deep End
10:40 - 11:10	Swim Tots	Small Pool
11:05 - 11:50	Low Aqua	Main Pool 1
11:15 - 12:15	Deep Water Lane Swim	Main Pool - Deep End
11:40 - 12:10	Swim Tots	Small Pool
12:15 - 18:00	Casual Swim	Main Pool 2
15:45 - 18:00	Swimming Lessons	Main Pool 1
15:45 - 18:50	Swimming Lessons	Small Pool
18:00 - 20:00	Swim Squad	Main Pool 1
18:00 - 21:00	Wigan Swimming Club	Main Pool 2
19:00 - 20:00	Fun & Floats	Small Pool