

# Wigan Life Centre: Pool sessions

## Wigan Life Centre

Accurate as of 29/04/2026

### Times for Friday 1 May



Time	Session	Facility
07:00 - 08:00	Lane Swimming	Main Pool 2
08:00 - 09:00	Lane Swimming	Main Pool 2
09:00 - 10:00	Lane Swimming	Main Pool 2
09:20 - 09:50	Swim Tots	Small Pool
10:00 - 11:00	Targeted swim	Main Pool 1
11:00 - 17:00	Casual Swim	Main Pool 2
14:20 - 14:50	Adult Swimming Lesson	Main Pool 1
14:20 - 14:50	Swim Tots	Small Pool
15:45 - 18:15	Swimming Lessons	Small Pool
15:45 - 18:35	Swimming Lessons	Main Pool 2
18:00 - 20:00	Swim Squad	Main Pool 1
19:00 - 20:00	Fun & Floats	Small Pool
19:30 - 21:00	Wigan Swimming Club	Main Pool 2
19:30 - 21:00	Swim Club	Main Pool 1