

# Wigan Life Centre: Pool sessions

## Wigan Life Centre

Accurate as of 29/04/2026

### Times for Tuesday 5 May



Time	Session	Facility
06:00 - 08:15	Swim Squad	Main Pool 1
07:00 - 08:00	Lane Swimming	Main Pool 2
08:00 - 09:00	Lane Swimming	Main Pool 2
09:00 - 10:00	Lane Swimming	Main Pool 2
10:00 - 17:00	Casual Swim	Main Pool 2
15:45 - 18:30	Swimming Lessons	Main Pool 1
15:45 - 18:45	Swimming Lessons	Small Pool
18:30 - 19:15	Xtreme Swim	Main Pool 2
18:50 - 19:20	Adult Swimming Lesson	Main Pool 1
19:00 - 20:00	Fun & Floats	Small Pool
19:30 - 20:30	Lane Swimming	Main Pool 2
20:00 - 21:00	Sub Aqua	Main Pool 1
20:30 - 21:30	Lane Swimming	Main Pool 2