

Studio sessions

Wigan Life Centre

Accurate as of 20/04/2024

Times for Wednesday 1 December



Time	Session	Facility
08:15 - 09:00	Body Combat - Virtual	Studio 1
09:30 - 10:30	Body Pump - Virtual	Studio 1
15:00 - 16:00	Body Pump - Virtual	Studio 1
17:30 - 18:15	RPM	Cycle Studio
18:30 - 19:15	Legs, Bums & Tums	Studio 1