

Studio sessions

Wigan Life Centre

Accurate as of 27/04/2024

Times for Thursday 2 December



Time	Session	Facility
10:15 - 10:45	Sh'bam - Virtual	Studio 1
11:30 - 12:15	Low Circuit	Studio 1
14:45 - 15:30	Body Combat - Virtual	Studio 1
18:40 - 19:40	Yoga	Studio 1
19:45 - 20:30	Body Pump - Virtual	Studio 1