Studio sessions Wigan Life Centre

Accurate as of 03/05/2024

| Times for Sunday 21 April | | |
|---------------------------|-----------------------|--------------|
| Time | Session | Facility |
| 08:30 - 09:15 | The Trip (Virtual) | Cycle Studio |
| 09:30 - 10:15 | RPM - Virtual | Cycle Studio |
| 09:30 - 10:30 | 5k + Run Group | Road Running |
| 09:30 - 10:30 | Couch to 5k Run Group | Road Running |
| 11:00 - 11:30 | The Trip (Virtual) | Cycle Studio |
| 13:45 - 14:15 | Sprint - Virtual | Cycle Studio |