

Studio sessions

Wigan Life Centre

Accurate as of 02/10/2026

Times for Sunday 4 October			
Time	Session	Facility	
08:30 - 09:15	The Trip (Virtual)	Cycle Studio	
09:30 - 10:15	RPM - Virtual	Cycle Studio	
09:30 - 10:30	5k + Run Group	Road Running	
11:00 - 11:30	The Trip (Virtual)	Cycle Studio	
13:45 - 14:15	Sprint - Virtual	Cycle Studio	