

# RHYL XTREME GROUP CYCLE

## Rhyl Leisure Centre

Accurate as of 16/10/2021

### Times for Friday 17 September



Time	Session	Facility	Type
6:30 am - 7:15 am	XGC Freebeat	Group Cycling Studio	Group Cycle
9:30 am - 10:15 am	XGC Virtual	Group Cycling Studio	Group Cycle
12:30 pm - 1:15 pm	XGC Virtual	Group Cycling Studio	Group Cycle
6:15 pm - 7:00 pm	XGC Freebeat	Group Cycling Studio	Group Cycle
7:30 pm - 8:15 pm	XGC Virtual	Group Cycling Studio	Group Cycle