# public swimming programme
## Wincanton Sports Centre

**Accurate as of 12/10/2024**

**Times for Wednesday 24 April**

| Time | Session |
|---|---|
| 7:00 am - 9:00 am | Lane Swimming |
| 9:00 am - 10:00 am | Adult Lessons |
| 10:00 am - 11:00 am | Adult Lessons |
| 10:30 am - 11:00 am | Swim School |
| 11:00 am - 12:00 pm | School Swimming |
| 12:00 pm - 12:45 pm | Aqua Aerobics |
| 12:00 pm - 1:00 pm | Swim for All |
| 1:00 pm - 2:00 pm | Lane Swimming |
| 2:00 pm - 3:00 pm | School Swimming |
| 3:00 pm - 4:00 pm | Disabled 50+ Swim |
| 4:00 pm - 6:30 pm | Swim School |
| 6:00 pm - 8:00 pm | Swim for All |
| 7:00 pm - 7:45 pm | Aqua Aerobics |
| 8:00 pm - 9:00 pm | Lane Swimming |
| 9:00 pm - 10:00 pm | Adult Swim |