

exercise class programme

Wincanton Sports Centre

Accurate as of 26/04/2024

Times for Tuesday 21 September



Time	Session	Facility	Level
7:00 am - 7:45 am	Freedom Indoor Cycling	studio	
9:15 am - 10:00 am	Aerobics	studio	
12:00 pm - 12:45 pm	Aqua Aerobics	indoor pool	
6:00 pm - 6:45 pm	Freedom Indoor Cycling	studio	