

exercise class programme

Wincanton Sports Centre

Accurate as of 25/04/2024

Times for Saturday 25 September



| Time | Session | Facility | Level |
|-------------------|------------------------|----------|-------|
| 8:00 am - 8:45 am | Freedom Indoor Cycling | studio | |
| 9:00 am - 9:45 am | Kettlebells | studio | |