

Blackburn Sports and Leisure Centre Pool and Flume Timetable

Blackburn Sports & Leisure Centre

Accurate as of 23/09/2026

Times for Tuesday 22 September			
Time	Session	Facility	
6:30 am - 8:00 am	re:fresh Lengths Only	Main Pool	
8:00 am - 9:00 am	Public Swim	Main Pool	
9:00 am - 11:00 am	re:fresh Public Swim & Lessons	Main Pool	
11:00 am - 12:00 pm	Public Swim & Lessons	Main Pool	
12:00 pm - 1:00 pm	Lengths Only	Main Pool	
12:00 pm - 1:00 pm	Parent & Toddler	Small Pool	
1:00 pm - 2:30 pm	Public Swim	Main Pool	
1:00 pm - 4:00 pm	Public Swim & Lessons	Main Pool	
4:00 pm - 5:00 pm	re:fresh Public Swim & Lessons	Main Pool	
5:00 pm - 6:00 pm	Lengths Only & Lessons	Main Pool	
7:00 pm - 8:00 pm	Ladies Only Swim Ticketed	Small Pool	
8:15 pm - 9:00 pm	Ladies Only Swim Ticketed	Main Pool	
9:00 pm - 9:45 pm	Ladies Only Swim Ticketed	Main Pool	