Blackburn Sports and Leisure Centre Pool and Flume Timetable

Blackburn Sports & Leisure Centre

Accurate as of 16/11/2026

Times for Thursday 19 November

Time	Session	Facility
6:30 am - 8:00 am	re:fresh Lengths Only	Main Pool
8:00 am - 9:00 am	Public Swim	Main Pool
9:00 am - 11:00 am	re:fresh Public Swim & Lessons	Main Pool
10:00 am - 11:00 am	Parent & Toddler	Small Pool
11:00 am - 12:00 pm	Public Swim & Lessons	Main Pool
12:00 pm - 1:00 pm	Lengths Only	Main Pool
1:00 pm - 3:30 pm	Public Swim & Lessons	Main Pool
3:30 pm - 5:30 pm	re:fresh Public Swim & Lessons	Main Pool
5:30 pm - 6:45 pm	Public Swim & Lessons	Main Pool
7:00 pm - 7:45 pm	Men Only Swim	Main Pool
9:00 pm - 9:45 pm	Lengths Only	Main Pool