group exercise programme Eastwood Leisure Centre

Accurate as of 14/05/2024

| Times for Sunday 28 August | | | () |
|----------------------------|------------------------|----------------|-------|
| Time | Session | Facility | Level |
| 9:30 am - 10:30 am | Yoga | studio 2 | |
| 10:00 am - 10:45 am | Freedom Indoor Cycling | cycling studio | |