

pool programme

Eastwood Leisure Centre

Accurate as of 28/04/2024

Times for Monday 22 August



Time	Session	Facility	Level
7:00 am - 8:30 am	Lane Swimming (6 lanes)	main pool	
8:30 am - 10:00 am	Private Hire	main pool	
8:30 am - 11:00 am	Lane Swimming (3 lanes)	main pool	
10:00 am - 10:45 am	Aqua Aerobics	main pool	
11:00 am - 4:00 pm	Open Swim	main pool	
12:00 pm - 2:30 pm	Open Swim	teaching pool	
4:00 pm - 6:00 pm	Open Swim (shared use)	main pool	
4:00 pm - 6:00 pm	Swim School	main pool	
6:00 pm - 8:00 pm	Open Swim	main pool	
8:00 pm - 10:00 pm	Adults Only (Shared Use)	main pool	