

# pool programme

## Eastwood Leisure Centre

Accurate as of 29/04/2024

### Times for Friday 26 August



Time	Session	Facility	Level
7:00 am - 9:00 am	Lane Swimming (6 lanes)	main pool	
9:00 am - 10:30 am	Open Swim	main pool	
10:30 am - 11:30 am	Open Swim (shared use)	main pool	
11:30 am - 4:00 pm	Open Swim	main pool	
1:30 pm - 3:30 pm	Open Swim	teaching pool	
4:00 pm - 6:00 pm	Swim School	main pool	
4:00 pm - 6:00 pm	Open Swim (shared use)	main pool	
6:00 pm - 8:00 pm	Open Swim	main pool	
8:00 pm - 10:00 pm	Adult Swim (16yrs +)	main pool	