

# pool programme

## Eastwood Leisure Centre

Accurate as of 07/05/2024

### Times for Tuesday 30 April



Time	Session	Facility	Level
7:00 am - 9:30 am	Lane Swimming	main pool	
9:30 am - 10:15 am	Lane Swimming (shared use)	main pool	
10:15 am - 2:00 pm	Open Swim	main pool	
2:00 pm - 3:00 pm	Open Swim (shared use)	main pool	
3:00 pm - 4:00 pm	Open Swim	main pool	
4:00 pm - 5:30 pm	Open Swim (shared use)	main pool	
4:00 pm - 6:00 pm	Swim School	main pool	
6:15 pm - 7:00 pm	Women Only (shared use)	main pool	
6:15 pm - 7:30 pm	Female only Swim (shared use)	teaching pool	
7:00 pm - 8:00 pm	Women Only	main pool	
8:00 pm - 9:00 pm	Adults Only (Shared Use)	main pool	
9:00 pm - 10:00 pm	Men Only Swim	main pool	