

pool programme

Eastwood Leisure Centre

Accurate as of 18/06/2026

Times for Thursday 7 August



Time	Session	Facility	Level
8:00 am - 11:15 am	Lane Swimming	Main Pool	
10:30 am - 11:15 am	Aqua Aerobics	Main Pool	
11:15 am - 8:00 pm	Open Swim	Main Pool	
1:00 pm - 2:00 pm	Inflatable Session	Main Pool	
1:00 pm - 3:00 pm	Open Swim	Teaching Pool	
8:00 pm - 10:00 pm	Adults Only Swim	Main Pool	