

# pool programme

## Eastwood Leisure Centre

Accurate as of 18/06/2026

### Times for Friday 8 August



Time	Session	Facility	Level
7:00 am - 12:00 pm	Lane Swimming	Main Pool	
11:15 am - 12:00 pm	Aqua Aerobics	Main Pool	
12:00 pm - 6:00 pm	Open Swim	Main Pool	
1:00 pm - 3:00 pm	Open Swim	Teaching Pool	
6:00 pm - 10:00 pm	Pool Closed	Main Pool	