

# Brentford Group Exercise Timetable

## Brentford Fountain Leisure Centre

Accurate as of 02/05/2024

| Times for Wednesday 6 July |                    |          |            |
|----------------------------|--------------------|----------|------------|
| Time                       | Session            | Facility | Instructor |
| 18:00 - 18:45              | Legs Bums and Tums | Studio 1 | Majek      |
| 18:45 - 19:45              | Step & Tone        | Studio 1 | Majek      |