

Brentford Group Exercise Timetable

Brentford Fountain Leisure Centre

Accurate as of 14/05/2024

Times for Sunday 10 July			
Time	Session	Facility	Instructor
08:00 - 09:15	Hatha Yoga	Studio 1	Ami
09:15 - 10:30	Hatha Yoga	Studio 1	Ami
10:30 - 11:15	Zumba	Studio 1	Anna