

Brentford Group Exercise Timetable

Brentford Fountain Leisure Centre

Accurate as of 28/09/2026

Times for Sunday 4 October

Time	Session	Facility	Instructor
08:10 - 09:25	Hatha Yoga	Studio 1	Ami
09:25 - 10:40	Hatha Yoga	Studio 1	Ami
10:40 - 11:25	Zumba	Studio 1	Anna
11:25 - 12:10	Zumba	Studio 1	Anna