## **New Chiswick Group Exercise Timetable** New Chiswick Pool

Accurate as of 18/05/2024

Times for Saturday 5 February				<b>(</b>
Time	Session	Facility	Instructor	
10:30 - 11:15	Boxfit	Studio 1	Angeliki	
11:15 - 12:00	Body Balance	Studio 1	Angeliki	