

Osterley Group Exercise Timetable

Osterley Sports and Athletics Centre

Accurate as of 03/05/2024

Times for Tuesday 23 April



| Time | Session | Facility | Instructor |
|---------------|---------|-----------|------------|
| 12:45 - 13:45 | Pilates | Main Hall | |
| 13:45 - 14:45 | Zumba | Main Hall | |