

Lanark Swimming Timetable

Lanark Lifestyles

Accurate as of 23/05/2026

Times for Tuesday 25 March



Time	Session	Facility
06:30 - 07:15	Lane Swimming (Slow)	Swimming Pool
06:30 - 07:15	Lane Swimming (Medium)	Swimming Pool
06:30 - 07:15	Lane Swimming (Fast)	Swimming Pool
07:30 - 08:15	Lane Swimming (Slow)	Swimming Pool
07:30 - 08:15	Lane Swimming (Medium)	Swimming Pool
07:30 - 08:15	Lane Swimming (Fast)	Swimming Pool
08:30 - 09:15	Lane Swimming (Slow)	Swimming Pool
08:30 - 09:15	Lane Swimming (Medium)	Swimming Pool
08:30 - 09:15	Lane Swimming (Fast)	Swimming Pool
12:45 - 13:30	Lane Swimming (Slow)	Swimming Pool
12:45 - 13:30	Lane Swimming (Medium)	Swimming Pool
12:45 - 13:30	Lane Swimming (Fast)	Swimming Pool
20:15 - 21:00	Lane Swimming (Slow)	Swimming Pool
20:15 - 21:00	Lane Swimming (Medium)	Swimming Pool
20:15 - 21:00	Lane Swimming (Fast)	Swimming Pool