

Lanark Swimming Timetable

Lanark Lifestyles

Accurate as of 23/05/2026

Times for Saturday 29 March



Time	Session	Facility
08:30 - 12:00	Swimming Lessons	Swimming Pool
12:15 - 13:00	Lane Swimming (Slow)	Swimming Pool
12:15 - 13:00	Lane Swimming (Medium)	Swimming Pool
12:15 - 13:00	Lane Swimming (Fast)	Swimming Pool
13:15 - 14:45	Family Swim	Swimming Pool
15:15 - 16:45	Family Swim	Swimming Pool