

Lanark Swimming Timetable

Lanark Lifestyles

Accurate as of 23/05/2026

Times for Sunday 30 March



Time	Session	Facility
08:30 - 10:30	Swim Club	Swimming Pool
10:45 - 11:30	Lane Swimming (Slow)	Swimming Pool
10:45 - 11:30	Lane Swimming (Medium)	Swimming Pool
10:45 - 11:30	Lane Swimming (Fast)	Swimming Pool
11:45 - 12:30	Family Swim	Swimming Pool
12:45 - 13:30	Breadth Swimming (Slow)	Swimming Pool
12:45 - 13:30	Breadth Swimming (Medium)	Swimming Pool
12:45 - 13:30	Breadth Swimming (Fast)	Swimming Pool
13:45 - 17:00	Swimming Lessons	Swimming Pool