

Isleworth Pool Timetable

Isleworth Leisure Centre & Library

Accurate as of 10/09/2026

Times for Thursday 10 September



Time	Session	Facility
06:30 - 09:00	Lane Swim (adult only 16+)	Main Pool
06:30 - 09:00	Permitted Swim Aids Fast Lane Only	Main Pool
09:00 - 10:00	Lane Swim	Main Pool
09:00 - 12:00	Schools	Learner Pool
09:00 - 19:00	General Swim	Main Pool
10:00 - 12:00	Schools	Main Pool
10:00 - 12:00	Schools	Lagoon Pool
11:30 - 13:30	Swim School	Lagoon Pool
12:00 - 13:00	General Swim	Learner Pool
12:00 - 13:00	General Swim	Lagoon Pool
12:00 - 13:30	Permitted Swim Aids Fast Lane Only	Main Pool
12:00 - 14:00	Lane Swim (adult only 16+)	Main Pool
13:30 - 15:00	Schools	Learner Pool
13:30 - 15:00	Schools	Lagoon Pool
14:00 - 15:00	Schools	Main Pool
15:00 - 16:00	Lane Swim (adult only 16+)	Main Pool
15:30 - 21:00	Swim School	Lagoon Pool
16:00 - 19:00	Swim School	Main Pool
16:00 - 19:00	Swim School	Learner Pool
18:15 - 21:00	Clubs	Main Pool
19:00 - 19:45	Aquafit	Learner Pool

Time	Session	Facility
19:00 - 21:45	Lane Swim (adult only 16+)	Main Pool
19:45 - 20:30	Aquafit	Learner Pool
20:30 - 21:00	Swim School	Learner Pool
21:00 - 21:45	Permitted Swim Aids Fast Lane Only	Main Pool