

Isleworth Pool Timetable

Isleworth Leisure Centre & Library

Accurate as of 10/09/2026

Times for Wednesday 16 September



Time	Session	Facility
06:30 - 07:30	Clubs	Main Pool
06:30 - 09:00	Lane Swim (adult only 16+)	Main Pool
06:30 - 09:00	Permitted Swim Aids Fast Lane Only	Main Pool
09:00 - 10:00	Lane Swim	Main Pool
09:00 - 11:30	Schools	Main Pool
09:00 - 11:30	Schools	Learner Pool
09:00 - 12:00	Schools	Lagoon Pool
11:30 - 13:00	Lane Swim	Main Pool
11:30 - 13:00	General Swim	Lagoon Pool
11:30 - 13:00	Permitted Swim Aids Fast Lane Only	Main Pool
13:00 - 14:30	Schools	Main Pool
13:00 - 14:30	Schools	Learner Pool
13:00 - 14:30	Schools	Lagoon Pool
14:30 - 16:00	Lane Swim	Main Pool
15:30 - 19:00	Swim School	Lagoon Pool
16:00 - 18:00	Swim School	Main Pool
16:00 - 19:00	Swim School	Learner Pool
18:00 - 19:00	Lane Swim (adult only 16+)	Main Pool
19:00 - 19:45	Aquafit	Learner Pool
19:00 - 21:00	Clubs	Main Pool
19:30 - 21:00	General Swim	Lagoon Pool

Time	Session	Facility
20:00 - 21:00	General Swim	Learner Pool
21:00 - 21:45	Lane Swim (adult only 16+)	Main Pool
21:00 - 21:45	Permitted Swim Aids Fast Lane Only	Main Pool