

Heston Pool Timetable

Heston Pool & Fitness

Accurate as of 23/04/2024

Times for Monday 24 January



Time	Session	Facility
06:30 - 22:00	Adult Swim	Main Pool
09:00 - 12:00	Crash Course	Learner Pool
09:30 - 10:30	Schools	Main Pool
10:30 - 11:45	Aqua	Main Pool
11:45 - 12:00	Schools	Main Pool
12:00 - 15:30	General Swim	Learner Pool
13:30 - 15:00	Schools	Main Pool
16:00 - 19:00	Swim School	Main Pool
16:00 - 19:00	Swim School	Learner Pool