Heston Pool Timetable Heston Pool & Fitness

Accurate as of 09/07/2025

Times for Saturday 29 January		
Time	Session	Facility
08:00 - 13:30	Swim School	Main Pool
08:00 - 13:30	Swim School	Learner Pool
13:30 - 16:00	Family Swim	Main Pool
13:30 - 16:00	Family Swim	Learner Pool
16:00 - 18:00	Adult Swim	Main Pool