Heston Pool Timetable

Heston Pool & Fitness

Accurate as of 09/07/2025

Times for Sunday 30 January		
Time	Session	Facility
08:00 - 12:30	Swim School	Learner Pool
08:00 - 13:30	Swim School	Main Pool
13:00 - 16:00	Family Fun Swim	Learner Pool
13:30 - 16:00	Family Swim	Main Pool
16:00 - 18:00	Adult Swim	Main Pool