


Heston Pool Timetable

Heston Pool & Fitness

Accurate as of 30/04/2024

Times for Thursday 7 July			
Time	Session	Facility	
06:30 - 08:30	Permitted Swim Aids Fast Lane Only	Main Pool	
06:30 - 09:00	Adult Swim	Main Pool	
09:00 - 12:00	Crash Course	Learner Pool	
09:00 - 14:45	Schools	Main Pool	
13:00 - 15:00	Short Breaks	Learner Pool	
14:45 - 16:00	Adult Swim	Main Pool	
16:00 - 19:00	Swim School	Main Pool	
16:00 - 19:00	General Swim	Main Pool	
16:00 - 19:00	Swim School	Learner Pool	
19:00 - 20:00	Adult Lessons	Main Pool	
19:00 - 22:00	Adult Swim	Main Pool	