

Heston Pool Timetable

Heston Pool & Fitness

Accurate as of 18/04/2024

Times for Thursday 7 July



Time	Session	Facility
06:30 - 08:30	Permitted Swim Aids Fast Lane Only	Main Pool
06:30 - 09:00	Adult Swim	Main Pool
09:00 - 12:00	Crash Course	Learner Pool
09:00 - 14:45	Schools	Main Pool
13:00 - 15:00	Short Breaks	Learner Pool
14:45 - 16:00	Adult Swim	Main Pool
16:00 - 19:00	Swim School	Main Pool
16:00 - 19:00	General Swim	Main Pool
16:00 - 19:00	Swim School	Learner Pool
19:00 - 20:00	Adult Lessons	Main Pool
19:00 - 22:00	Adult Swim	Main Pool