

# Heston Pool Timetable

## Heston Pool & Fitness

Accurate as of 05/05/2024

### Times for Sunday 28 April



Time	Session	Facility
08:00 - 13:00	Lane Swim (adult only 16+)	Main Pool
13:00 - 16:00	2/3 General Swim	Main Pool
16:00 - 17:45	Lane Swim (adult only 16+)	Main Pool