


Heston Pool Timetable

Heston Pool & Fitness

Accurate as of 18/05/2024

Times for Monday 29 April			
Time	Session	Facility	
06:30 - 15:30	Lane Swim (adult only 16+)	Main Pool	
12:00 - 12:45	Aqua	Main Pool	
16:00 - 20:00	Lane Swim (adult only 16+)	Main Pool	
20:00 - 21:00	Clubs	Main Pool	
20:00 - 21:45	1 Lane Swim (adult only16+)	Main Pool	