Heston Pool Timetable Heston Pool & Fitness

Accurate as of 18/05/2024

| Times for Tuesday 30 April | | | ٩ |
|----------------------------|----------------------------|-----------|---|
| Time | Session | Facility | |
| 06:30 - 15:30 | Lane Swim (adult only 16+) | Main Pool | |
| 16:00 - 19:00 | General Swim | Main Pool | |
| 19:00 - 20:30 | Lifesavers | Main Pool | |
| 19:00 - 21:45 | Lane Swim (adult only 16+) | Main Pool | |