

Heston Pool Timetable

Heston Pool & Fitness

Accurate as of 04/05/2024

Times for Tuesday 30 April



Time	Session	Facility
06:30 - 15:30	Lane Swim (adult only 16+)	Main Pool
16:00 - 19:00	General Swim	Main Pool
19:00 - 20:30	Lifesavers	Main Pool
19:00 - 21:45	Lane Swim (adult only 16+)	Main Pool