

# Class Timetable

## The Leisure Centre Keighley

Accurate as of 12/06/2026

### Times for Saturday 6 June



Time	Session	Facility
9:00 am - 9:45 am	Les Mills BodyPump	Activity Room
9:15 am - 10:00 am	Studio Cycling	Spinning Room
10:00 am - 10:45 am	Combat Cardio	Activity Room
10:15 am - 11:00 am	Body Conditioning	Mind, Body & Soul Room