

Class Timetable

The Leisure Centre Keighley

Accurate as of 12/06/2026

Times for Sunday 14 June



Time	Session	Facility
9:15 am - 9:45 am	Abs Blast	Activity Room
9:15 am - 10:00 am	Studio Cycling	Spinning Room
10:00 am - 10:45 am	Bootcamp	Activity Room
10:15 am - 11:00 am	Studio Cycling	Spinning Room
11:00 am - 11:45 am	Boxercise	Activity Room